

DESIGN A LAMPSHADE

Using new or pre-loved materials, make a personal and creative lampshade to fit either a ceiling fixture or a stand that will suit that corner of the room perfectly. Or make one as a gift.

Tutor Julie van Kerkwijk
Date 8 sessions starting Monday the 2nd of May
Time 7pm-9pm
Cost \$70
Venue Yea Community House



YEA COMMUNITY HOUSE GROUPS

YEA MEN'S SHED GROUP

This is a group of local men looking to promote skills training and activities as well as men's related health and social matters in a fellowship group. There are wood working facilities and the group is active in providing community services such as minor repairs or refurbishments, and assisting with projects. All men are welcome to join and they can contact the spokesperson as to meeting times and activities

Venue Yea Community Shed
Contact Robert Artini on 0427 138 383

POWER PALS STRENGTH TRAINING

– Live Longer Live Stronger Tm
 Is it hard to get out of your lounge chair, bend down to the bottom cupboard, to put your shoes on?

Has your stride length shortened, walk pace slowed, or are you apprehensive about walking on uneven surfaces? Is it difficult to climb stairs, stand erect, to raise your hands above your head?

If you answer 'YES' to any of these questions, then strength based training is your answer.

Come and join in and find out why, how and where to do strength training.

Days (5 classes per week) Tuesdays & Thursdays; 8am and 9am Saturdays; 8am
Cost \$2 a session
Venue Yea Pioneer Reserve (located behind the Community House)
Tutors Sandra Hanley, Barbara Guttridge, Nola Jackson & Di Quick
Contact Community House on 5797 3070

POTTERY GROUP

A self help group for people of all ages. Activities include hand building, wheel work through to final glazing and firing. Most recently this group has been responsible for the beautiful work being attached to the Yea Community Conveniences. If you want to have an input, contact the Yea Community House.

Time 10am to 12 noon every Wednesday
Venue Yea Community Shed
Cost Annual Fee of \$30, plus joining fee of \$5
 For details ring Margaret Mahon on 5797 2661 or Contact; Community House on 5797 3070

SERVICES

The Yea Community House offers the following Services:

- Public access to computers, available at the house at \$2 per half hour. Book on 5797 3070.
- Public Internet Access, available at the Community House at \$2 per half hour. To make a booking phone 5797 3070
- **Photocopying Black 25 cents a sheet. Colour photocopying will depend on colour saturation, from \$1 to \$5 (please ask).**
- Faxing at \$1 per item
- A FREE fax Service for Centrelink customers who need to supply fortnightly figures
- Laminating at \$4 per A4 sheet.
- Book/Document Binding at \$4 per item.
- Room Hire. Please enquire for room booking availability at the Community House or the Community Shed on 5797 3070
- Parents Returning To Work Program. Yea Community House is a provider for the Parents returning to Work Program. If you are interested please contact the house on 5797 3070.

NOTES FOR COURSES FOR TERM 2, 2011

If any of the courses interest you but the times and dates listed are unsuitable, please contact the House on 5797 3070 to register your interest such that other options can be considered. Bookings can be made in person, by phone and email, but must be substantiated by payment within two weeks or the booking will be lost. (And please note that courses may be cancelled or deferred if class numbers are insufficient, and class numbers will be based on the PAID enrolments)

ENROLMENT & FEES

- Course enrolments can be made by contacting the Yea Community House on (03)5797 3070, by Fax on (03)57972860 or via email to yeacom2@virtual.net.au or in person at the House 5 Semi Circle, Yea, 3717.
- Enrolment is required for all courses and fees must be paid promptly to ensure a place.
- All course fees are to be paid up to one week prior to commencement of the course.
- Payment can be made by cash or cheque. (EFTPOS is not available)
- If a class is cancelled due to insufficient numbers, those enrolled will be informed and the full fee will be refunded.
- If a student cancels with less than one week's notice to the commencement of the course, an administration cost of \$5 will apply.
- Refunds after commencement of the course are not available except in exceptional circumstances.

PRIVACY STATEMENT

Yea Community Services Group Inc. respects the right to information privacy. It is a condition of funding that certain information be attained and this will be kept in accordance with information privacy laws and will not be disclosed except where we are required by law to do so. Please contact us if you require further information on privacy.

Courses for Term 2 - 2011



Yea & District Community House
 15 The Semi Circle, Yea, 3717
 Postal Address: PO Box 78
Phone: (03)5797 3070 Fax: (03)5797 2860
Email: yeacom2@virtual.net.au

For all our information and this course guide please visit our web page
www.yea.com.au
 (see link on the right side under Community House)

OPENING TIMES -The Community House office is open Mondays, Tuesdays, Thursdays and Fridays 9am to 3.30pm, on all school weeks as well as the 2nd week of the school term holidays



The Yea Community House provides services for the **WHOLE** community. It provides educational, social and recreational activities for everyone.

It is a centre for
Adult Community Education
 for Yea and the surrounding areas

It also provides referrals and community information as well as public access for Computer and Internet usage.

It can be found in the Yea Civic Centre next to the Library.

The House is supported with funding made available by the Victorian Department of Planning and Community Development (DPCD) and Adult, Community and Further Education (ACFE).

TAKE A BREAK: OCCASIONAL CHILDCARE

The Yea Community House offers a Take-A-Break service for Term 2, 2011; **Take-A-Break is occasional childcare. It is available on Fridays only, from 9.30am to 2.30pm on all school weeks.**

Registered with the Department of Human Services, it provides a safe, secure environment with numerous activities and fun for children between the ages of 9 months and 6 years.

The program aims to offer stimulating and interactive play, encouraging social,

emotional and physical development in the young child, and staff are trained and experienced in Early Childhood Development. Fully supervised at all times, booking is advised and must be accompanied with payment or the booking will **not** be valid. **Booking early will ensure your child a place. Please note session fees have change for this year.**

COST; 1 to 3 hours \$20 per child
 3+ hours \$30 per child

For more information; call 57973070.

PLEASE NOTE: the Yea Community House works in partnership with CEACA. Many of the courses that CEACA run in Alexandra can be run in Yea if there is sufficient interest. Please look up the CEACA website www.ceaca.com.au for their detailed course list, or drop into the Yea Community House for a copy of their program to see if there are courses of interest to you.

COURSES AND ACTIVITIES IN YEA FOR TERM 2

FOOD HANDLERS

This is the accredited and official training that meets the Legislative requirements for all members of the Hospitality and Food Retail industries. Ring CEACA on 5772 1238

Duration 1 session
Date To be organised as soon as numbers are sufficient to form a class.
Time 6pm-9pm
Cost \$70

RESPONSIBLE SERVING OF ALCOHOL *01ORSA

This Course is the official accredited training that meets the Legislative requirements for all members of the Hospitality and Food Retail industries. It is supervised and registered by Licensing Victoria. Ring CEACA on 5772 1238

Duration 1 session
Date To be organised as soon as numbers are sufficient to form a class.
Time 6pm-9pm
Cost \$70

FIRST AID - CPR, LEVEL 1, LEVEL 2, LEVEL 2 UPDATE, OR EPI-PEN TRAINING OR UPDATE

Fully accredited training for those requiring First Aid qualifications. Please call Peter Savage on 0488 091 313 or Leigh Munro on 0429 391 773 to book your place. Sessions held regularly in Yea at the Community House.

COMPUTERS MADE EASY

Designed for people with little or no computer experience – work at your own pace. John will show you how easy it is as you gain a basic understanding of how the computer works with an introduction to word-processing, database, spreadsheets and the internet.

Duration 8 sessions
Date Tuesdays, Starting 10th May
Time 1pm-3.30pm
Venue Yea Community House
Cost \$65

COMPUTERS; THE NEXT STEP

A basic understanding is assumed as John shows you how to extend your skills with word-processing, file management and an introduction to Desktop Publishing, with time for all those questions you wanted to ask but have been afraid to.

Duration 8 sessions
Date Tuesdays, starting 10th of May
Time 9.30am-12 noon
Venue Yea Community House
Cost \$65

WHITE CARD (WAS RED CARD)

Work Safely in the Construction Industry CPCCOHS1001A This course replaces Red Card as the compulsory requirement for those working on construction sites in Victoria. The training is delivered locally and the cards are issued by WorkSafe Victoria. You MUST bring a photo ID with you e.g. driver's license or passport - phone 57721238 for options.

Duration 1 session only
Date Saturday, date to be set as soon as enrollments are sufficient
Time 9am-4pm
Cost \$150

BEGINNERS' FACEBOOK

Want to know what the hype is all about and whether FaceBook is for you? At the end of this workshop you will have learned

- How to open an account with FaceBook (free of charge)
- How to set up your profile page (so that other people can find you)
- How to load a photo onto your profile (so that other people can recognise you and you can share your favourites)
- How to use FaceBook to keep in touch
- Other uses for FaceBook

Tutor Penny Paxton (Life Coach)
Duration 1 session, 6.30pm-9.00pm
Date 7th April
Cost \$65

FACEBOOK FOR BUSINESS

Smart businesses are keeping in touch with prospective customers and suppliers via FaceBook. You will need to have done the Beginner's FaceBook class to attend this one as we will be focusing on

- How to load photos, including you business card.
- How to run competitions to build a database
- How to keep your customers interested in what you do
- How to advertise on FaceBook
- How to link your FaceBook page via email and on your website.

Tutor Penny Paxton (Life Coach)
Cost \$65 (Book for both classes and save \$20 – Total cost \$110)

Duration 1 session, 6.30pm – 9pm
Date 14th April

IMPROVE YOUR BOTTOM LINE

Do you want to lose kilos for summer? Would you like more information about what to eat, how to stay motivated and just how much exercise you need to do? Think of your body as a fabulous sports car. Learn

- The best fuels (food) to use to keep it running in peak condition
- How to protect it from harm (weight loss that can cause damage)
- What exercise it needs to keep the engine primed
- What care you can administer to keep it looking fabulous

Tutor Penny Paxton (Life Coach)
Duration 1 session, 6.30pm-9.00pm
Date 5th May
Cost \$25

BUSINESS BOOSTER NO.2

Back by popular demand! Our first presentation created lots of interest through the introduction of

- The marketing funnel and how to use it to get more customers
- The use of a SWOT analysis to help you focus on how to improve your business
- A technique for building s business plan in just under and hour
- A business brainstorming session

Tutor Penny Paxton (Life Coach)
Duration 1 session, 6.30pm – 9.00pm
Date 16th June
Cost \$45

COFFIN CLUB

This is intended as a fun class, where participants will design and build a coffin. The idea is to construct a suitable burial container and decorate it, as creatively as desired. It may be to use decoupage, folk art, stencil work, pyrography (wood burning) etc. One could inscribe limericks, poems or other messages. It's all about being creative and personal. Once completed the idea is that it become a useful piece of furniture – such as a coffee table or shelf/bookcase – until it is needed.

Tutor Gai Scrivens
Date To be advised
Venue Yea Community House & Community Shed

GOOD GOVERNANCE

This course is about developing the skills and roles for running efficient committees. So are you on a committee, or are thinking about being on one, want to know how meetings should be run, and what are the roles and responsibilities of the individual members? These friendly and relaxed sessions will offer both information and help in getting the best from your group.

Tutor Dawn Cooper
Duration 3 Sessions
Dates Will be organized as soon as possible
Time 6pm-9pm
Cost \$20

'PURPLE HAT GIRLS'

Do you resonate with the purple hat? Consider:

- At age 3, she looks in the mirror and sees a queen and sets out happily.
- At age 6, she looks in the mirror and sees Cinderella and dashes out to meet the day.
- At age 14, she looks in the mirror and sees imperfections (Wails; "Mum, I can't go to school looking like this!" and fights to stay home)
- At age 20, she looks in the mirror, reckons she is too fat/ too thin/too short/too pimply, but decides she's going out anyway and slathers on makeup and dons the latest fashion.
- At age 30, she looks in the mirror, sees too fat/too thin/too short, far from ideal but decides she doesn't have time to fix it and goes out anyway.
- At age 40, she looks in the mirror, frowns and mutters, you're a mess, but too much to do, can't get it all done, it's been a b**#h of a day and I'm going out anyway.
- At 50, she looks in the mirror but thinks to herself, I'm just fine the way I am and goes wherever she wants to go.
- At 60, she looks at the mirror and sees wisdom and laughter

then goes out and enjoys herself.

- At 70 she looks in the mirror and reminds herself of all the people who can't even see themselves in the mirror anymore, then goes out and conquers the world.
- At 80 she doesn't even look in the mirror. She simply pulls on a purple hat and goes out to have fun.

If you're ready for the purple hat (at whatever age) join our weekly fellowship group. Bring a meal to share. 12pm-2pm Mondays at the Community House starting the 9th May.

Cost \$2 a session
Venue Yea Community House

AFTER SCHOOL GIRLS GROUP

A space is being created for teenage girls aged between 15 and 19 years. To meet together, relax and grapple with life's issues on a weekly basis. Supported by Berry Street, the space will be available to hang out, do homework, play cards, etc, with occasional guest speakers invited. We will support each other to become the women we have the potential to be. Come and join us! Contact Nikki Jenkins 0418 403 262.

Duration Ongoing during the school term.
Date Tuesdays, 3.30pm-5pm
Venue Yea Community House
Cost Free

INTUITING THE HIGHER SELF

This course is about developing our intuition and improving our cognitive processes. By unleashing our innate skills, it is about becoming the best version of ourselves. Understanding we rarely learn when life is a breeze, in fact we learn mostly from our miss-steps or miss-takes. Mistakes, life's road humps and barriers, are simply a path to growth. And through sharing the wisdoms we've each gained along the way, we become our wise selves.

Time Fridays 10am -12pm starting 6th May
Cost \$2 a session
Venue Yea Community House

SINGING FOR FUN

Evening or afternoon classes possible. Come and learn to sing. Breathing and singing is a wonderful way to release tension, working all the upper parts of the body, neck and face. And it's fun. Sessions times and the starting date can be set to suit students.

Tutor Julie van Kerkwijk
Venue Yea Community House
Cost \$10 a session (pay as you go)

KNICK KNACK PADDYWHACK

This class is to encourage interaction between adults and pre-school children with singing. Improve cognitive development by learning easy songs in a welcoming and playful environment.

Tutor Julie van Kerkwijk
Starting Thursday 5th May at 11.30am.
Cost \$7 a session (pay as you go)
Venue Yea Community House